

## <u>CARROT GINGER SOUP</u>



<u>TO SERVE</u>: Soup will thicken in fridge - add water to desired consistency - salt + pepper to taste. Add a sprinkle of cayenne or red pepper flakes for spice. Serve with fresh scallions and cilantro.

## THAI STYLE NOODLE SALAD

TO SERVE: Serve this salad cold with a drizzle of our house made Sesame Ginger Dressing. Garnish with lime wedges, a sprinkle of crushed sweet ginger peanuts, and your favorite mix of herbs. All the fresh, crunchy toppings are provided. NOTE: Enjoy this salad at the front end of the week for optimal freshness.



## CURRIED CHICK-UN WRAP WITH SEASONAL SALAD

<u>TO SERVE</u>: Enjoy with our fresh mixed slaw. Top with provided lemon poppy seed dressing. Please enjoy at the front end of your week for optimal freshness!



# <u>SUSHI STYLE BUDDHA BOWL WITH GINGER PICKLED KRAUT</u> + NORI WRAPS

<u>TO SERVE</u>: Empty the contents of the jar into a large serving bowl. Top with a our homemade Creamy Wasabi Dressing and a sprinkle of fresh scallion + cilantro. Serve with the Ginger Cabbage Kraut and Nori Wraps on the side.



#### FALAFEL BOWL

<u>TO SERVE</u>: Warm the Falafel in a saute pan for a few minutes on each sidejust until warm. Leave the lettuces crisp, and enjoy as a salad with a drizzle of Tahini Dressing. Serve this dish with our house made Vegan Tzatziki Dip and pita chips on the side.



## <u>NOTES ON DIPS</u>

<u>Light + Bright Edamame Dip</u> - Pairs well with pasta, zoodles, or as a spread on rustic toast. We love it as a simple light + bright dip for our veggie crudités.

<u>Vegan Tzatziki</u> - This would make the perfect dip for fresh vegetables and warm pita, served with olives. Pairs perfectly with this week's Falafel Bowl.